

BLEEDING ~ Uncontrolled ~ Non-Trauma

I have some simple instructions that I want you to follow (that may assist him/her) until help arrives.

Yes

Keep (patient) warm and calm.
Nothing to eat or drink.

NOSEBLEED

(Tell the patient to) Apply direct pressure by pinching the nose tightly between two fingers, sit forward and hold it until help arrives.
Attempt to spit out blood
Swallowing may cause vomiting.
Do not (*tell patient not to*) move.

No/won't/can't

Ok, I'm sending help.

If caller is with patient, or if patient is in residence and able to do so:

(appropriate)

Turn on porch light and meet the help at the door.
If there is a dog, please put it away.
Gather all your (patient's) medications and/or list of medications.

Rest (keep patient) in a comfortable position, sitting up may be ok.

ALWAYS

If you (the patient) get(s) worse before help arrives, call back for further instructions.

I'm sending help.

BLEEDING ~ Uncontrolled ~ Trauma

I have some simple instructions that I want you to follow (that may assist him/her) until help arrives.

Yes

No/won't/can't

Is the scene safe? (if applicable)

Ok, I'm sending help.

Yes

No

Assailant on scene:
Remain in a safe place.
I'm sending help.
Utilize appropriate officer/citizen safety questions.
Stage OCFD until safe.
If weapon is involved, do not touch.

Falls ~ DO NOT move the patient.
(Have patient) rest in the most comfortable position.
Keep warm and calm.
Nothing to eat or drink.
If a weapon is involved, do not touch.

Is patient bleeding?

Yes

No

IN MACHINERY

If safe to do so, turn off the machine.

Use clean cloth, or your (patient's) hand, and apply pressure directly over it. If cloth becomes soaked, do not remove; add to what is already there.
(appropriate)
Be careful not to obstruct the airway or breathing.

AMPUTATION

Try to locate all amputated parts and place them in a clean plastic bag.
Do not place the amputated part on ice or in water as this may damage it.

If caller is with patient, or if patient is in residence and able to do so:

(appropriate)

Turn on the porch light and meet help at the door.
If there is a dog, please put away.
Gather all your (patient's) medications and/or list of medications.
Rest (keep patient) in a comfortable position, sitting up may be ok.

ALWAYS

If you (the patient) get(s) worse before help arrives, call back for further instructions.

I'm sending help.

ASSAULT / SEXUAL ASSAULT / BATTERY

PROMPT:

If sexually assaulted, advise **not to** change clothes, use the bathroom, wash hands, or take a shower.

C.P.R. INSTRUCTIONS – BEGIN HERE FOR ALL PATIENTS

I have some simple instructions that I want you to follow (that may assist him/her) until help arrives.

Yes

How old is the patient?

Go to C.P.R. instructions for the appropriate age group.

No/won't/can't

Ok, I'm sending help.

Read ONLY if caller has trouble determining normal breathing:

Watch for the chest to rise and fall.

Put your cheek next to the nose and mouth to listen and feel for the air movement.

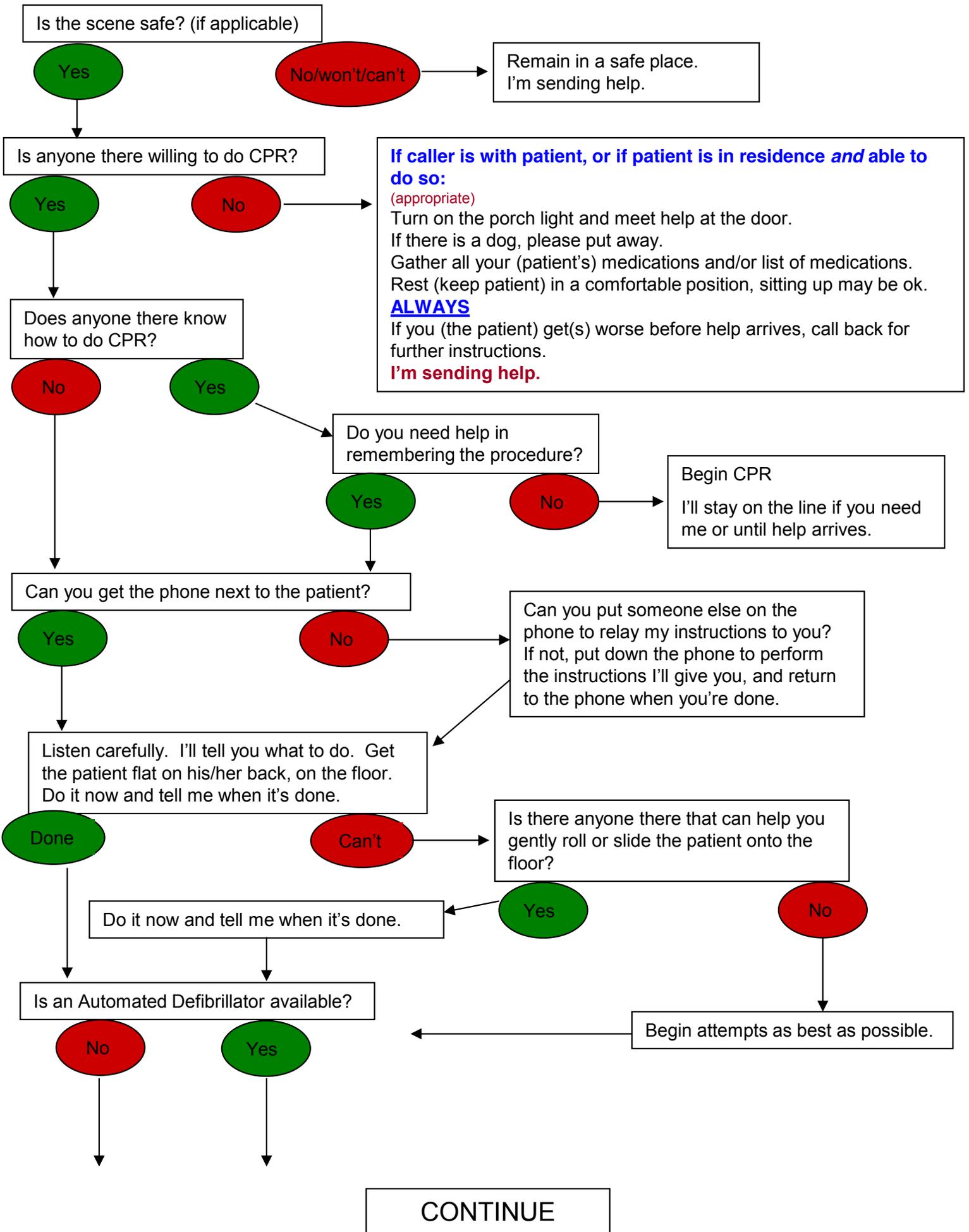
PROMPT:

If a patient under age 8 has a tracheotomy or neck stoma, instruct the caller to:

- Completely cover the **opening in the neck** with your mouth.
- Blow into the opening in the neck.

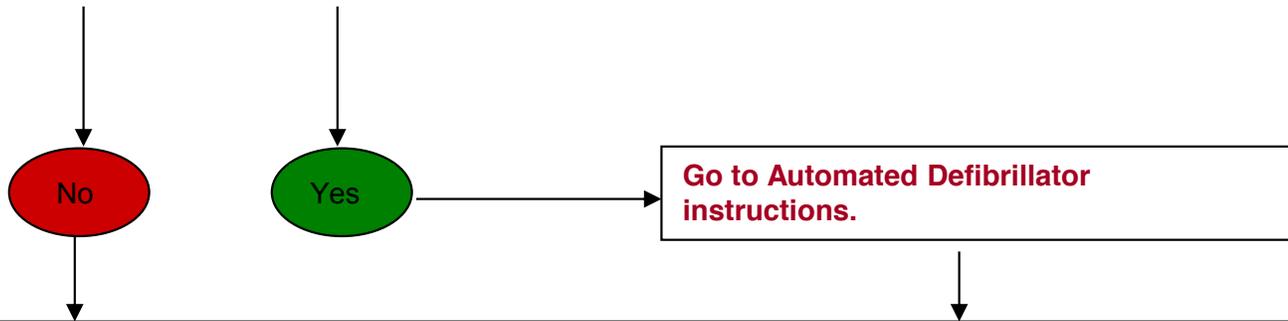
Note: *The number of breaths and amount of air to be administered is unchanged from the current mouth to mouth breathing.*

C.P.R. INSTRUCTIONS (Adult 8 Years and Older)



C.P.R. INSTRUCTIONS (Adult 8 Years and Older)

RESUME



Resume here, if indicated by AED.

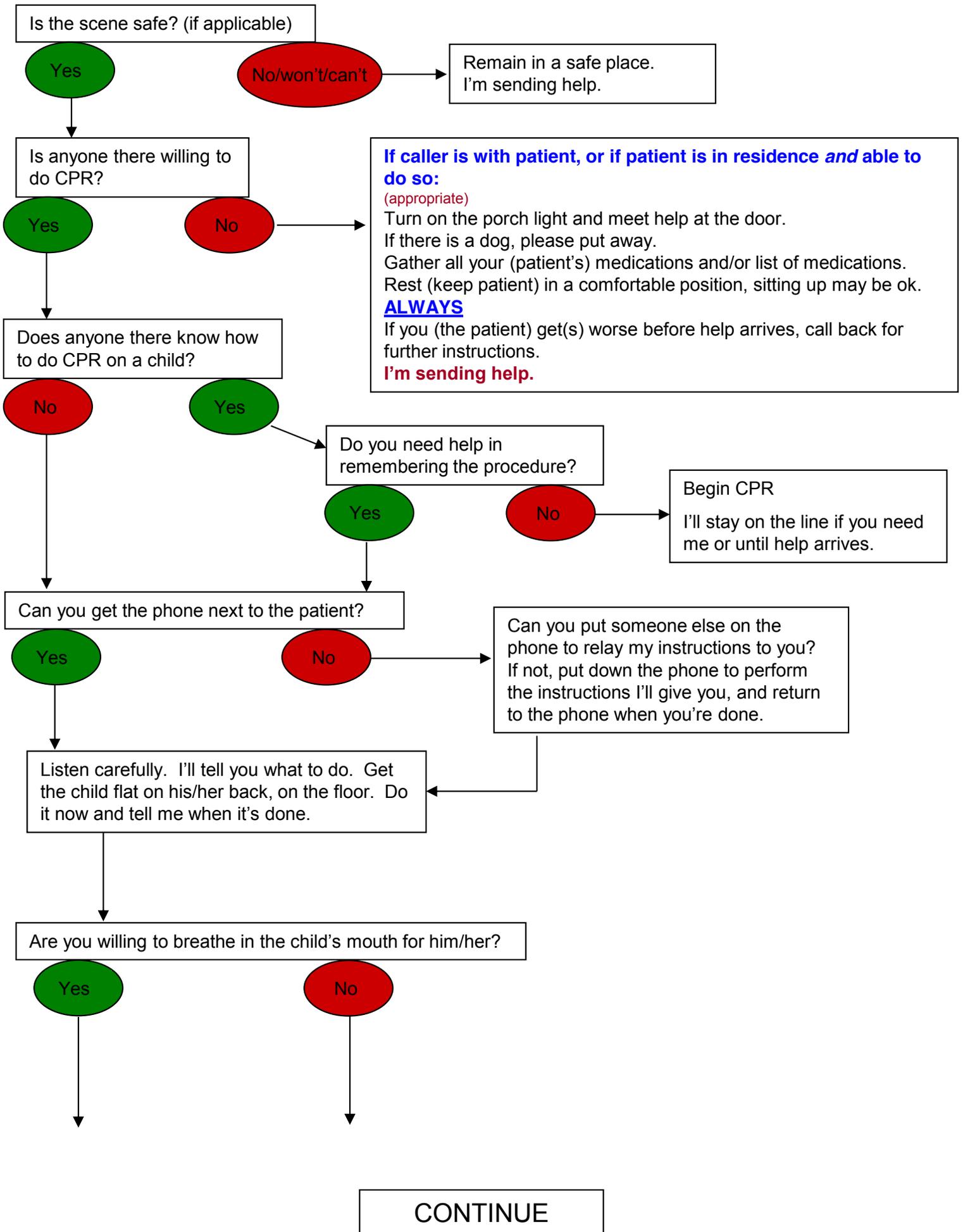
Remove the shirt. Put the **heel** of your hand on the **center** of the **chest**, right **between** the **nipples**. Put your **other hand on top of that hand**. **Push down firmly**, only on the **heels** of your hands, **2 inches**. Continue to do this just like you're pumping the chest, count 1 and 2 and 3, etc.

Continue chest compressions until help arrives and takes over.

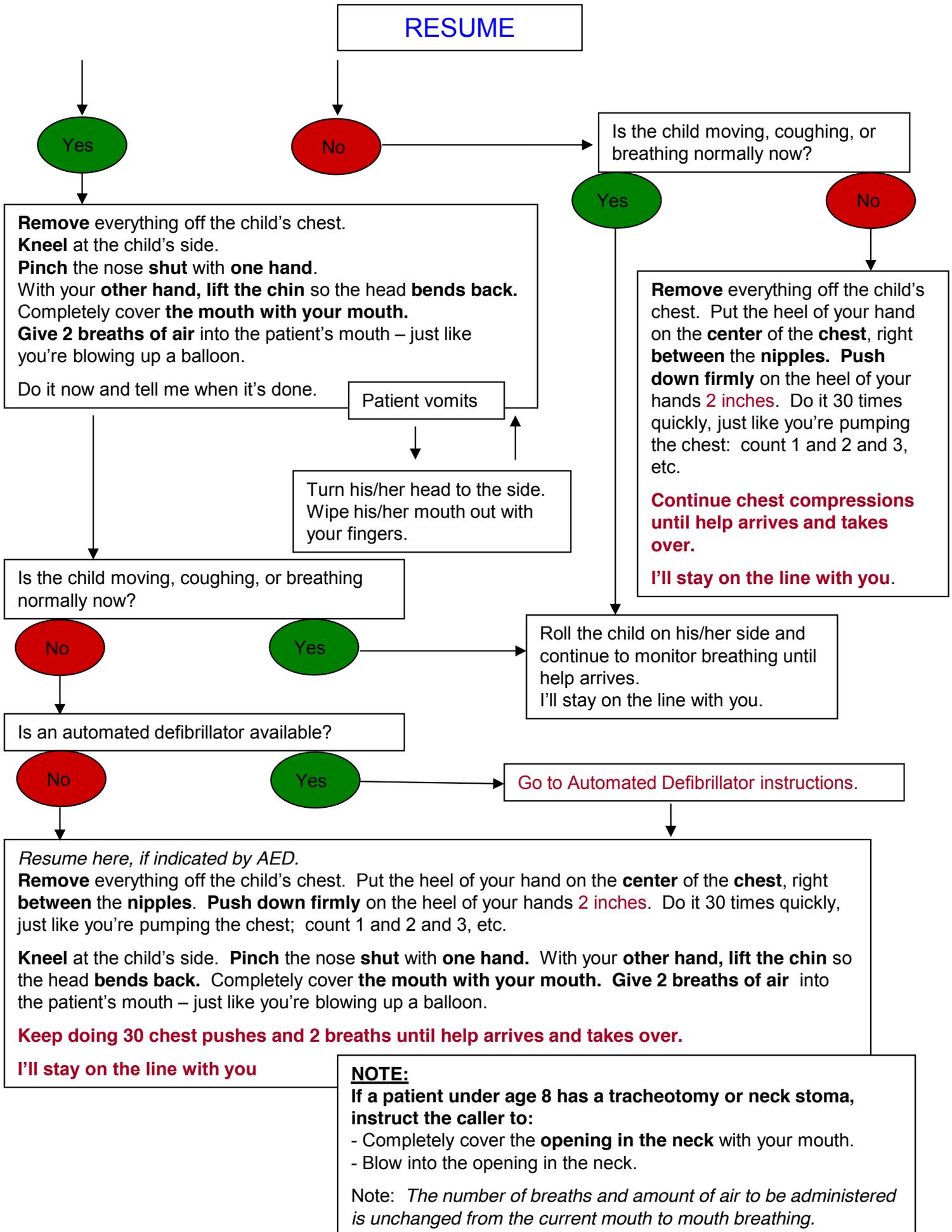
I'll stay on the line with you.

****NOTE**:** Continue to calm and reassure caller as needed.

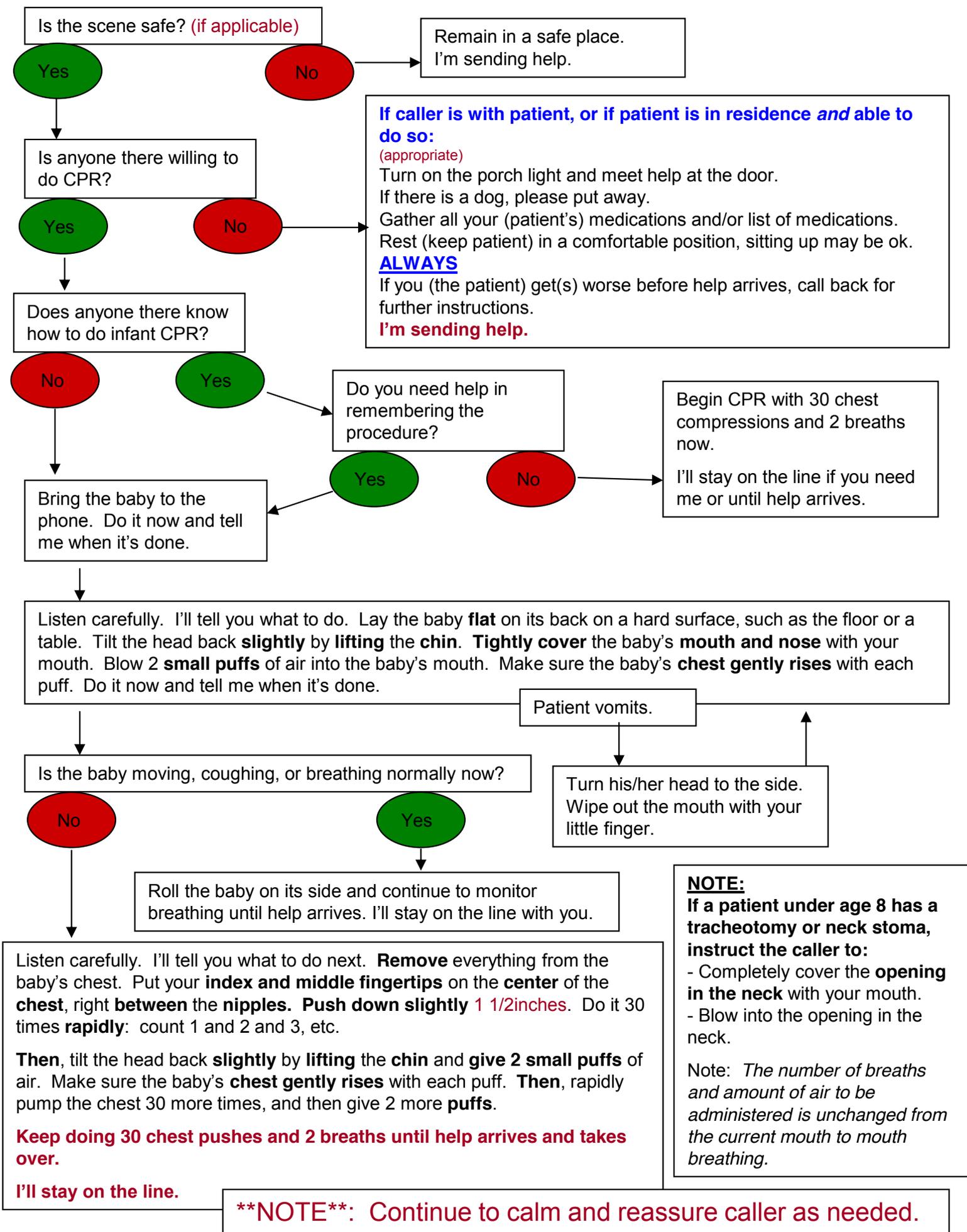
C.P.R. INSTRUCTIONS (Child 1-7 Years Old)



C.P.R. INSTRUCTIONS (Child 1-7 Years Old)



C.P.R. INSTRUCTIONS (Infant Less Than 1 Years Old)



Automated External Defibrillator (A.E.D.) Instructions

Note: Appropriate to use A.E.D. on patients 1 year old or older.

Remove everything off the patient's chest. Make sure the patient is not in water or in a puddle.

Place defibrillator next to the patient's left side.

Open cover and/or turn on defibrillator.

Open the pad package and place pads on the patient as pictured on the pads.

Make sure the pad cords are attached to the machine.

Follow the machine's voice prompt next.

Wait for machine to analyze (push analyze button if present).

Do not touch the patient.

If the machine says "Shock patient", make sure nobody is touching the patient, and press shock button.

Follow the machines prompts.

If the machine says "No shock indicated", return to CPR instructions.

If the machine says "Shock patient", make sure nobody is touching the patient, and press shock button **again**.

Continue following the machine's voice prompts until help arrives.

CHOKING ADULT (2 Years Old and Older)

I have some simple instructions that I want you to follow (that may assist him/her) until help arrives.

Yes

No/won't/can't

Is patient able to **talk** or **cough**?

Ok, I'm sending help.

No

Yes

Is the patient awake?

If caller is with patient, or if patient is in residence and able to do so:

(appropriate)

Turn on the porch light and meet help at the door.

If there is a dog, please put away.

Gather all your (patient's) medications and/or list of medications.

Rest (keep patient) in a comfortable position, sitting up may be ok.

ALWAYS

If you (the patient) get(s) worse before help arrives, call back for further instructions.

I'm sending help.

No

Yes

Go to CPR instructions.

PROMPT:

If the patient becomes unconscious, **go to CPR instructions.**

Listen carefully. I'll tell you what to do.

Stand **behind** the patient and **wrap** your arms **around** the patient's waist.

Make a fist with **one** hand and place the thumb side against the **stomach**, in the **middle**, slightly above the **bellybutton**. **Grasp** your fist with the other hand. Press into the stomach with **quick upward** thrusts. Repeat thrust until the item is expelled. I'll stay on the line with you are doing this.

If the patient becomes unconscious, come back to the telephone.

If patient is obese or pregnant, perform chest thrusts inward instead of abdominal thrusts.

Patient becomes unconscious.

Object dislodged.

CHOKING INFANT (0-1 Years) Instructions

I have some simple instructions that I want you to follow (that may assist him/her) until help arrives.

Yes

No/won't/can't

Bring the baby to the telephone.

Ok, I'm sending help.

Is the baby able to cry or cough?

No

Yes

Listen carefully. I'll tell you what to do.
Remove any clothing from the baby's chest, and then **pick up** the baby. Do that, and come back to the telephone. I'll stay on the line.

Is the baby awake?

No

Yes

Turn the baby face down on your forearm. Support the baby's **jaw** in your **hand**
Lower your arm onto your thigh so that the baby's head is lower than its chest.
Use the heel of your other hand to strike the back 5 times firmly, right between the shoulder blades.
Do that, and come back to the telephone.

Go to infant CPR instructions.

Does the baby cry or cough?

No

Yes

Roll the baby on its side and check its breathing until help arrives.

Place the baby on your forearm. **Support the head** and turn the baby onto its back. **Put your index and middle fingers** directly between the baby's nipples. **Push down ½ - 1 inch**. Do this 5 times and come back to the telephone.

Baby becomes unconscious.

Object dislodged.

If baby is still conscious and choking, repeat sequence.

Go to infant CPR instructions.

Is the baby crying or coughing now?

No

Yes

Roll the baby on its side and check its breathing until help arrives.

If caller is with patient, or if patient is in residence and able to do so:
(appropriate)

Turn on the porch light and meet help at the door.
If there is a dog, please put away.

Gather all your (patient's) medications and/or list of medications.

Rest (keep patient) in a comfortable position, sitting up may be ok.

ALWAYS

If you (the patient) get(s) worse before help arrives, call back for further instructions.

I'm sending help.